



Japanese Student Visit

St Mary's Girls' High School (Gifu, Japan)

San Sisto College welcomed twenty students from St Mary's School, Gifu in Japan, last week.

Our Year 7 and 10 Japanese students had wonderful cultural experience interacting with St Mary's students during their stay.

Our school buddies also have been enjoying spending lunch time with St Mary's students, getting to know each other!



Ms Mayca Chung
Japanese and Humanities Teacher

[e mayca.chung@bne.catholic.edu.au](mailto:mayca.chung@bne.catholic.edu.au)



Attendance

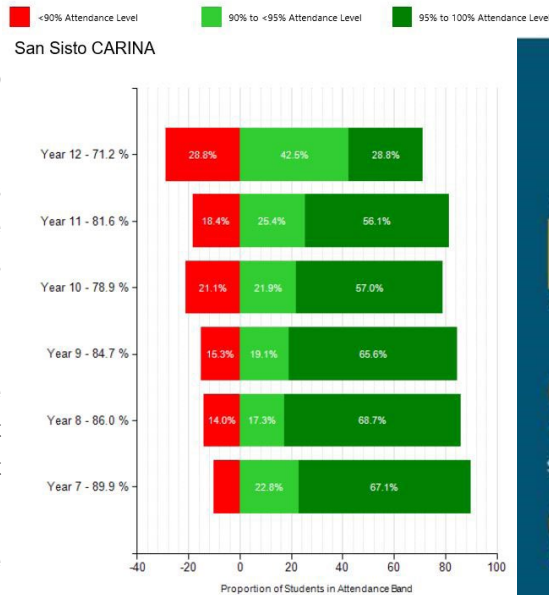
Regular school attendance is crucial to successful learning outcomes both in the short and long term. In 2019, our goal is to have 90% or more of our students attending school for 90% or more of the time. Our overall attendance rate for this year is sitting at 83.4% for Term 1, 2019. There is much room for growth.

Let's continue to work together to make sure unnecessary absences aren't adding up and impacting on student learning and well-being.

Mrs Anna Doré

Assistant Principal Student Wellbeing

e adore@bne.catholic.edu.au



NAPLAN Online Practice Test

Students in Years 7 and 9 participated in a NAPLAN Online practice "test" on Thursday morning. It took about 30 minutes to complete and was designed to test the system capability to cope with the online environment at a national level.

The test was not marked and won't be returned to students and will not contribute to their NAPLAN results.

It did, however, provide an opportunity to experience the online tests, which will occur in May.

Mrs Cara Robinson-Taylor
Academic Leader: Learning and Teaching

e crobinson-taylor@bne.catholic.edu.au

Woolworth's Earn and Learn Program

From Wednesday 1 May, San Sisto College will be participating in the Woolworths Earn and Learn program. The Woolworths Earn and Learn program gives schools around Australia the chance to earn amazing school resources. Your help in participating in this program would be greatly appreciated. For every \$10.00 spent at Woolworths you receive 1 sticker that will assist in completing a sticker sheet. Sticker sheets will be distributed to students next week and can also be collected from student reception. A collection box for stickers and

finished sticker sheets is located at student reception and at Woolworths Carindale.

In 2017, when we last ran Earn & Learn, we had over 15,000 schools and ELC's involved and delivered over 300,000 pieces of equipment for science and technology, maths, arts, and more to kids all over Australia.

Mr Ryan Gould
Academic Leader – PE & Sport

e ryan.gould@bne.catholic.edu.au

Easter Drama and Liturgy

All parents and carers are invited to our Easter Drama performance and liturgy next Friday.

There will be three performances — 9.00 am, 11.00 am and 1.30 pm.

Students have been rehearsing this for us for the whole term and have gone to great lengths to ensure that we are placed to ponder the life and death of Jesus, and what these events might mean for us.

All are welcome!



Mrs Erica Qureshi
Assistant Principal Religious Education

e equreshi@bne.catholic.edu.au



Resource Centre

Last month a Pop Up Library was set up in Café Caterina, during first break, to allow those girls who don't often visit the Resource Centre the opportunity to see some of the new additions available. There was a lot of interest from the students and even some books borrowed. If the students don't come to the library, then the library must go to the students!

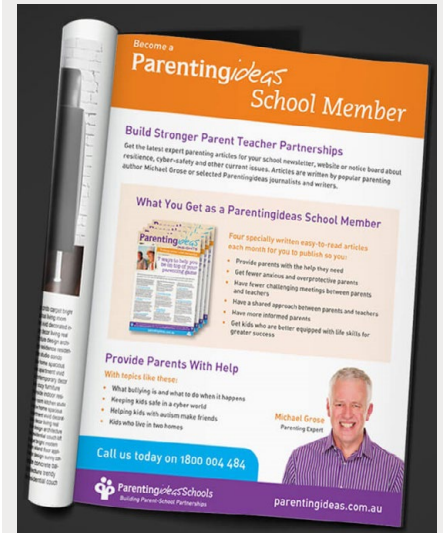
Ms Yasmin Relja-Alvos
Teacher-Librarian

[e yrelja@bne.catholic.edu.au](mailto:yrelja@bne.catholic.edu.au)



Parenting Page

Parenting Ideas Resources



San Sisto College has a school membership with Parenting Ideas which allows us access to the latest parenting information and support for parents.

All the resources can be found on the Parent Portal under the Student Wellbeing tab.

Here you will find articles and EGuides on a range of topics including Friends, Coping and Confidence.

In addition, parents can go directly to the [Parentingideas website](http://Parentingideas.com.au), where more Eguides are available for purchase ranging in price from \$15. Look under Resources and click "Find Out More".

During the purchase parents will set-up their own user account so they will always have access to the E-books/ guides via their own dashboard.

Mrs Megan Vardanega
Student Wellbeing

[e megan.vardanega@bne.catholic.edu.au](mailto:megan.vardanega@bne.catholic.edu.au)

San Sisto Directory

Principal

Mrs Shelley Hamilton
e shamilton@bne.catholic.edu.au

Deputy Principal

Mr Brad Barker
e bsbarker@bne.catholic.edu.au

Assistant Principal RE

Mrs Erica Qureshi
e equreshi@bne.catholic.edu.au

Assistant Principal Student Wellbeing

Mrs Anna Doré
e adore@bne.catholic.edu.au

Business Manager

Mrs Gail Winks
e gail.winks@bne.catholic.edu.au

SCHOOL COORDINATORS

Acting Caleruega (Years 7 and 8)

Mrs Liz Madden
e emmadden@bne.catholic.edu.au

Acting Fanjeaux (Years 9 and 10)

Mrs Tania Stevens
e tstevens@bne.catholic.edu.au

Acting Bologna (Years 11 and 12)

Mrs Louisa Makepeace
e lmakepeace@bne.catholic.edu.au

STUDENT PROTECTION CONTACTS

Shelley Hamilton, Principal
e shamilton@bne.catholic.edu.au

Anna Dore, Assistant Principal
e adore@bne.catholic.edu.au

Kirsteen Bostock, Guidance Counsellor
e klbostock@bne.catholic.edu.au

COLLEGE CONTACT INFORMATION

t 07 3900 9800
f 07 3843 1921
e scarina@bne.catholic.edu.au
w sansisto.qld.edu.au

STUDENT ABSENCE LINE

t 3900 9888

Café Caterina

Easter Celebrations —
Tuesday 2 until Friday 5
April



Anyone ordering online with Flexischools will receive a ticket in a draw for a \$20 Coles Voucher. This will be drawn and announced at 1st break on Friday 5 April. The winner must be present to claim the prize. If absent on the day, we will have a redraw.

We will also have a special Easter competition on Friday 5 April, so keep an eye on the display cabinet for more details on this one.

Café Roster:
1 — 5 April

Monday 1 April

- Justine Wearne

Tuesday 2 April

- Natasha Marriott

Wednesday 3 April

- Mirella Hunter
- Lisa Anthony

Thursday 4 April

- Megan Marty
- Lisa Greenaway

Friday 5 April

- Kayleen Miles
- Anne Stone

Mrs Margaret Kupper

Café Caterina Convenor

e mkupper@bne.catholic.edu.au

Upcoming Events

Term 1

29 March	Year 8 Retreat
	Co-curricular Music Games Night
30 Mar	Co-curricular Music Workshop
4 Apr	Inter-house Cross Country
5 Apr	Last Day of Term 1
19 Apr	Good Friday
21 Apr	Easter Sunday
22 Apr	Easter Monday

Term 2

23 Apr	Term 2 Commences
25 Apr	ANZAC Day Public Holiday
26 Apr	Year 12 Formal

30 Apr	College Assembly 9.00 am — 10.00 am
1 May	Trimester 1 Sport Ends Rosies (Brisbane) 7.00 pm — 10.00 pm
6 May	Labour Day Public Holiday
7 May	College Board Meeting 7.00 pm — 8.00 pm Administration Building
8 May	Rosies (Brisbane) 7.00 pm — 10.00 pm
9 May	Parent, Teacher & Student Interviews Centacare Engaging Adolescents Parent Course



Humanities

3D Modeling

Students in Year 8 Humanities have been very busy creating 3D models of landscapes. Students were tasked with constructing and creating their own country which had to include a series of landforms and landscapes. They have constructed these out of Styrofoam, cardboard, Lego and other useful household items. Students have then created justified climate graphs and relevant data for their countries, demonstrating a depth of understanding of how geography links landforms, landscapes, weather and climate together.

The Year 8 students should be very proud of what they have created.

Mrs Kerbi McMillan
Academic Leader: Humanities

[e kerbi.mcmillan@bne.catholic.edu.au](mailto:kerbi.mcmillan@bne.catholic.edu.au)





MACigram

It's Exam Season

It's exam season but never fear, help is here! We understand that this can

be a very stressful time, so here are some simple tips and tricks to help get you through your exams.

Managing time before exams:

Great success won't come without great preparation. Be sure to make a study plan and stick to it! This also means disconnecting yourself from social media. It's hard but trust me it will be worth it at the end of the day. If you stick to your study plan you will get through your revision whilst also being able to balance other activities.

Take breaks:

Taking breaks between study is essential. This will not only improve your focus but also your mental health. Power naps are my saviour! They are sure to keep you fresh and alert which will increase your efficiency when studying.

Another great way to take a break is



through exercise. Exercising releases endorphins which make us feel happy and ready to take on new challenges. At the same time, another chemical called BDNF, which fights stress, is released in your brain. Exercise plays a key role in your overall health and ability to focus for long periods.

During exams:

The key to performing well in exams is to stay calm. Always read the question carefully not just once, not twice but three times. Segregate 'easy' and 'difficult' questions. Start with the 'easy' questions to boost your confidence before attempting the more difficult ones. Also, be sure to check your work for any mistakes, whether that be a spelling or grammatical error or a miscalculation on

a calculator.

Reward yourself:

Don't forget to celebrate your achievements. You have worked hard, stuck to your study plan and made sacrifices. Once your exams are complete reward yourself with a catch up with friends, a new pair of shoes, a visit to Baskin Robins or whatever it is that you enjoy!

Finally:

Don't forget to reach out to a friend, parent, teacher or WELL advisor if you feel you need more support to get through your exam period.

I wish you the best of luck!

Taylor Bielby
MAC Captain 2019

Join us for
OPEN DAY
19 May at 1 – 4 pm
Register Online TODAY!



Italian

Cultural Understanding

Recently, the Year 7 Italian classes have been presenting their cultural assignments. In this task, students collaborated in groups to produce a poster where they had to research and then present some cultural information about Italy. This could be the physical landscape of Italy and famous attractions to see; the food and the difference in foods between the regions; the various celebrations that Italy has; the history of Italy from ancient Rome to now and many other things. The students found this to be a very interesting time to begin to learn information about this fascinating country. Many students even made food and brought it in to share with their class mates.

Mr Vincenzo Ferraioli
Teacher



CaSSSA Sport Results

Team	San Sisto	Opposition	Player of the Week
Volleyball 20/03			
Open B (Stocker)	SSC 2-57	LHC 1-58	Sharli Chesmar
Inter A (Corley)	SSC 0-37	AHS 3-65	Melanie Sullivan
Inter C2 (Ferraioli)	SSC 0-40	STU 3-65	Dianna Sukkar
Inter C3 (Nassar)	SSC 0-25	STU 3-65	Shkatya Romanova
AFL 20/03			
Senior A (Giffen)	SSC 42	LOR 6	Monica Hayes
Indoor Cricket 20/03			
Open South (Meyer)	SSC 81	OLC 17	Abbi Howard
Junior South (Dore)	SSC 49	AHS 88	Natasha Winchester
Touch 20/03			
Junior B (Smith)	SSC 2	BRI 3	Charlee Kavanagh
Junior E (Saltmarsh)	SSC 1	OLC 7	Trinity Marenjak
Tennis 23/03			
Junior B	SSC 33	MSM 19	Sarah Brookhouse
Junior D	SSC 29	STU 25	Kate Dinte

Religion and Ethics Identity

This term in Religion and Ethics we have been investigating what it means to 'be Australian'. We have been exploring the traditions, beliefs and spiritualities of the different faiths that exist in Australia, including Islam, Buddhism, Hinduism and Judaism, to determine how Religious traditions contribute to and are influenced by an Australian point of view. We have learnt about how specific religions have integrated into Australian society and the impact of this, over time. With this in mind, we had the opportunity to widen the perspective of students in our own College community by creating promotional packs for a chosen religion to discuss with our fellow students. Our hope was to encourage a deeper religious understanding, leading to harmonious relationships, in an effort to advance "Australia Fair".

Alimah Muhammad (Year 11)





Our Community

Park Run

Parkrun organise free, weekly, 5km timed runs around the world. They are open to everyone, free, and are safe and easy to take part in. They are held each Saturday, with the run starting at 7am. It is a perfect way to improve your fitness and cardiovascular endurance.

This year, San Sisto College will try to incorporate parkruns into the cross country training. While not compulsory, if you want to participate in parkrun, visit w.parkrun.com.au/register/

Free PCYC Mt Gravatt Music Performance & Recording Workshop — 17 April at 90 Klumpp Road

Bring along your favorite instrument or best vocal & work with like-minded musicians. The workshop is open to 10 - 17 years old from 10.00am until 2.00pm.

Comfortable clothing, bring your favourite instrument or vocal. PCYC will supply guitars, drum kit & keyboard. Water bottle and lunch essential.

PCYC Mt Gravatt P 3420 4655
e jeanette.mcghee@pcyc.org.au

Bookings essential call to confirm your place with numbers strictly limited.

ANZACDay Camp Hill Bowls Club Family Event

- Thursday 25 April
- 1pm until 6 pm

Bring your picnic rugs and enjoy barefoot bowls, food trucks, TwoUp and LIVE MUSIC.

Supported by the Bulimba District RSL Sub-branch.

Camp Hill Bowls Club Celebrating 75 Years!

San Sisto College is fundraising with Entertainment!

Hurry! Bonus Early Bird Offers. Limited Time Only \$70.

Your support really helps our fundraising, so we're thrilled to let you know about special bonus Early Bird Entertainment Membership Offers for loyal supporters.

[Click here to support us by ordering your copy today!](#)

ENGAGING ADOLESCENTS™ PARENT COURSE

Join the three-session program for

parents and carers at San Sisto College 97 Mayfield Rd, Carina, 4152 on Thursday 9, 16 and 23 May from 6.00-7.45pm.

Learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents
- New understandings of adolescence
- Building relationship with your teenager and making the best of your non-crisis conversations with them
- Skills for tough conversations for handling those problems you just can't ignore.

Registration Fee

The course costs \$10 (course booklet).

Register for this course by emailing Megan.Vardanega@bne.catholic.edu.au

Or by calling the College on 3900 9800. At the time of registration please let us know the name and Year level of your daughters/daughters.

Who's running it?

The sessions are being facilitated by practitioners from Centacare Family and Relationships Services, Fortitude Valley, 4006. This course is being run by a Parentshop® licensed practitioner.

w parentshop.com.au

We want to hear from you.

Send us your news and we will include it!

Are you a current or past San Sister with news to tell? Then we want to hear it. Send us your article and we will share it with the wider San Sisto community.

Also, send us feedback on your *Verigram* experience. Positive or negative, all feedback helps us understand what we are doing well, and areas that need improvement.

Send your feedback to Ms Sally Hall, Media and Communications Officer on e sally.hall@bne.catholic.edu.au

Contact Us:

San Sisto College
97 Mayfield Road
Carina, Brisbane
Qld 4152

t 07 3900 9800

f 07 3843 1921

e scarina@bne.catholic.edu.au